

Key: Five Year Preparation for Adulthood Curriculum Content **Themes Setting Targets** Meeting new people Strategies to regulate **Skills Setting Targets** Study skills **RESILIENCE** Planning travel and clothing First impressions and introducing myself How do I complete Careers and College an application applications Strategies to regulate Understanding fight or form? How do I Listening respectfully to others Relationships Formality of Language prepare for an interview? INITIATIVE **RESPECT** Having an interview What is consent? What should I Study skills Asking for help do if I feel pressure? Strategies to regulate First impressions and introducing myself Understanding fight or E-safety Assessing reliability of Information flight How do I work with **REFLECTIVE** people who I don't Evaluating on-line information like? Working with people I Extremism Where does reliable information come from? How can I How should I react tell if it is reliable? when I disagree? find challenging What is appropriate Identifying positives College and Work Experience Planning travel and clothing body language? and areas of Formality of Language development **ASPIRATION** Asking for help Listening respectfully to others Appropriate What may be expected of me in a work place? How conversations do I behave? Formality of Language When should I help? Study skills **Setting Targets** Making decisions My progress How? How can I help REFLECTIVE somebody? Identifying positives What should I do if How can I improve ready for Year 10? How is school and areas of working for me? What can I do to help? development Working in a Team How do I Strategies to regulate communicate if Managing being upset or angry somebody upsets **Building Relationships** me? Meeting new people RESPECT Communicating when Understanding fight or How do I communicate with people? How do I access upset or angry support? flight Listening respectfully to others Managing workload Asking for help Using a diary/planner effectively Responding to pressure **RESILIENCE** Making decisions Making decisions How can I plan for deadlines? Can I tell the time on an What are my Careers and the Options analogue clock? positive qualities? Process. Summarising What suits me as a Extremism Assessing reliability of Information Evaluating on-line information E-safety learner? Having an interview REFLECTIVE Identifying positives Where does reliable information come from? How can I and areas of tell if it is reliable? What should I do if I see information development that worries or unsets me? Working in a team Listening respectfully to others Working in a Team Using a diary/planner **INITIATIVE** effectively Completing somebody else's Can I tell the time What does leadership look like? What is active listening? on a digital clock? ideas Life Skills; Money, Digital How do I do it in a team? How do I appreciate the ideas Can I identify Clocks, Organising my of others? money? homework Settling in to Royds Can I write in my homework independently? RESPECT Managing money -How do I communicate with people? How do I access Managing time using a small amounts e.g. support? digital clock First impressions and dinner/bus

Meeting new people

Building Relationships Asking for help

introducing myself